



NFC Itinerary

Saturday 19th January

3pm Coaches to arrive at St Alberts College
4pm-5:30pm Coach development session
6:30pm Dinner/Final preparations for Sunday

Sunday 20th January

9:30am Field preparation for camp commencement at 12pm
12pm-12:30pm Athletes arrive and confirm attendance
12:30pm-1pm Welcome and final participant briefing
1pm-5:45pm Camp
6pm Live in participants return to accommodation/dinner and bed, live out leave for the day

Monday 21st January

9am-12:30pm Camp
12:30-1:30pm Lunch
1:30pm-5:45pm Camp
6pm Live in participants return to accommodation/dinner and bed, live out leave for the day

Tuesday 22nd January

9am-12:30pm Camp
12:30-1:30pm Lunch
1:30pm-5:45pm Camp
6pm Live in participants return to accommodation/dinner and bed, live out leave for the day

Wednesday 23rd January

9am-12:00pm Camp
12:00pm Camp concludes



NIAS is a not for profit community based organisation and we cannot thank you enough for your support as we continue to 'Develop Potential both on and off the field'.

NFC
National Football Camp



For further details, please do not hesitate to contact the NIAS team on 6766 2526 or you can contact NFC Director James Cooper directly on 0488 152 092 or via email:

james.cooper@nias.org.au

www.nias.org.au

NIAS
Northern Inland Academy of Sport

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